

## SECOND MODULE OF BASELINE COUNSELING TRAINING

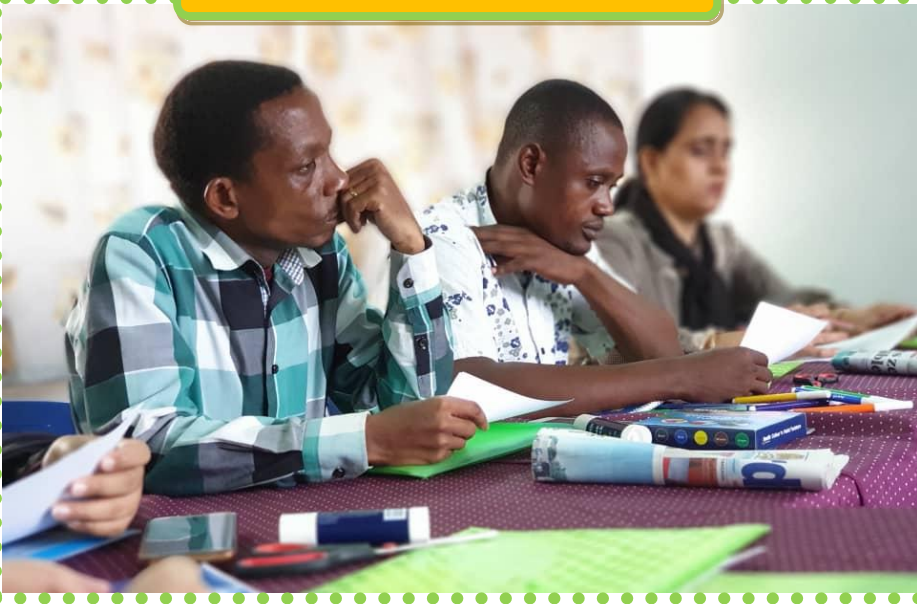
Guidance and counselling are important for children, and schools have a huge role in bringing out the best in children. Good conduct is coveted, but sometimes young minds need guidance to polish their personality. Through counselling, children are given advice on how to manage and deal with emotional conflict and personal problems.

At the Al Muntazir Boys Primary School, we believe that mental wellbeing is an important contributor to student success. Therefore, a group of teachers are regularly trained to develop skills necessary to identify students who are undergoing any emotional concerns and how to help them. This group of teachers has previously been trained in the first module which consisted of sessions covering counseling skills, communication, relaxation techniques and how to interact with parents.

The teachers recently underwent the second module of training which involved 5 sessions. These sessions covered the areas of self-awareness, the framework of a counseling session, being a good listener, learning difficulties, how to help with grief and anxiety, and art therapy.

The sessions have been engaging and interactive, allowing teachers an opportunity to share ideas with each other and to learn new innovative ways to approach their students in the context of counseling. They participated in these sessions actively and are looking forward to putting their learned skills to practice when they begin to work practically with students.

Baseline counseling in session



Presentation of activities

Facilitator Mrs. Sakina speaking on dyslexia

