

Responsibility & Risk-Taking Behaviors

Adolescents and young adults take more risks than any other age groups. During the adolescence period, there is an increased interest in peer relationships and susceptibility to peer influence increases during the early teen years and peaks at about age 14. This motivates teens to focus on their peers in decision-making situations that involve risky behavior. Second, adolescents are more distressed than adults when excluded by peers. This likely contributes to engaging in risky behaviors to prevent being excluded by their peers.

To help our senior students comprehend the implications of risk-taking behavior as well as their responsibility in this stage of life, Mr. Abbasaley Abbas came in to give a short talk. Mr. Abbasaley happens to be an AMBPS alumni as well as a medical student who is quite active in youth mentorship programs and volunteers his spare time in guiding students to overcome challenges, especially as they become teenagers.

Abbasaley had a lot of information to share with the students, including peer pressure, smoking and tobacco use. He emphasized how this risk-taking behavior can harm one's physical, social and mental health and also briefed the boys on how they can safeguard themselves in situations related to these. Furthermore, he allowed the students an opportunity to ask any questions they had.

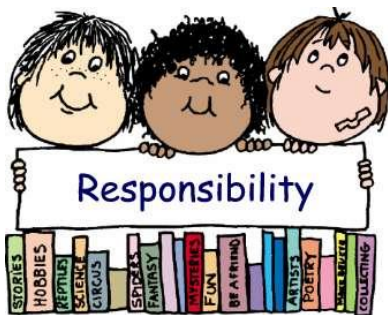
The students of Grade 7 really enjoyed the opportunity to speak to a mentor especially regarding these concerns. We hope to have more mentorship opportunities for our students in future.



Abbasaley talks to students about risk taking & its effects



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I get it!
I can do this on my own!

